





Results of our Care Quality Commission inspection

Published January 2018















Our vision

Our aims are:

- To deliver the best quality care for our patients
- To be a great place to work and learn
- To improve our financial sustainability
- To develop a strategy for the future

Our values:

Commitment, Care, Quality

















Watford General Hospital

- Inpatient emergency and intensive care
- · Elective care for higher risk patients
- Outpatient and diagnostic services
- 600 beds and 9 theatres
- Women's and children's services

Hemel Hempstead Hospital

- UTC open seven days a week, 8am-10pm
- Diagnostic services, incl. MRI and pathology
- Outpatient services
- Endoscopy and bowel cancer screening services
- Herts Community Trust operates intermediate care beds on site

St Albans City Hospital

- Elective care (inpatient low risk and day case)
- Outpatient and diagnostic services
- 40 beds and 6 theatres
- Minor Injuries Unit open 7 days a week, 9am-8pm,







About us...



Our local hospitals at Watford, Hemel Hempstead and St Albans cover a catchment area of

over **500,000** people

140,000 emergency patients treated

460,000 outpatient attendances

47,000 planned operations



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5,000 babies delivered





The inspection

- The Care Quality Commission (CQC) assesses five aspects of a site or service – safe, caring, responsive, effective and well led – and awards them ratings: inadequate, requires improvement, good or outstanding
- Each hospital is given an overall rating and the trust is given an overall rating
- In 2015 we were rated 'inadequate' overall and went into special measures
- In 2016 we were rated 'requires improvement' overall and remained in special measures.
- Our latest inspection took place 31 August to 1 September 2017. The CQC inspectors visited all three West Herts hospitals and also made unannounced visits to all three sites on 12 September
- They interviewed frontline staff and the leadership team, spoke to patients and relatives and took soundings from key stakeholders. They reviewed nearly 1,000 documents: policies, data and additional information in relation to specific questions



The headlines

West Hertfordshire Hospitals NHS Trust is out of special measures!

- We have demonstrated sustained improvements across the board
- We were rated as 'requires improvement' for safe, effective, responsive and well led and we were rated 'good' for caring
- Our overall rating remains 'requires improvement' but we have achieved a significant increase in the number of services rated as 'good'
- Eight services were rated 'good' (compared to five in 2016)
- Four services were rated as 'requires improvement' (five in 2016); one was rated as 'inadequate' (two in 2016, although one is no longer run by us)
- 45 individual quality ratings of 'good' compared to 32 in 2015
- Only three individual ratings of 'inadequate' compared to eight in 2016





What the inspectors observed

- All staff treat patients in a respectful and considerate manner
- A positive culture, focused on improving patient outcomes and experience
- Patients and relatives are included decisions about their treatment and care
- Staff are proud to work at the trust
- Leadership is strong, supportive and visible
- Women are positive about the care they receive on maternity and gynaecology wards. One woman and her partner said their experience was "amazing, really impressed"
- Parents and children said the service was "wonderful". Staff treat children with kindness, dignity and respect and always go the extra mile
- Family members are happy with the end of life care their relatives receive



Where did we do well?

- Three services achieved 'GOOD' across ALL FIVE ELEMENTS: maternity;
 children and young people; surgery at St Albans
- Outpatients and diagnostic imaging at Watford significantly improved their ratings
- Hemel Hempstead Hospital overall has moved from 'inadequate' to 'requires improvement'. There is a NOT A SINGLE ASPECT of any service at Hemel Hempstead that has an inadequate rating – a massive change from nine red ratings last year to none this year
- St Albans City Hospital also now has NO inadequate ratings
- Nationally, 55% of hospitals' core services are rated 'good' we achieved
 61.5% so we are ABOVE THE NATIONAL AVERAGE



Good practice – many examples

- Staff knowledge of the duty of candour (openness and transparency) is evident
- The emergency department has significantly improved the management and treatment of sepsis
- Staff understand their responsibilities to raise concerns, record and report safety incidents and near misses
- Staff are confident about reporting safeguarding concerns to protect adults and children from harm, abuse and neglect



Good practice – many examples

- There is shared learning from complaints through ward meetings, teaching sessions, huddles and newsletters
- Significant progress with governance a new committee structure enables the board to operate strategically
- Equality and diversity is promoted within the trust
- The trust board and executive team are focused on patient safety and quality of care



Outstanding practice – many examples

- Innovations in the children's emergency department to tackle mental health and suicide awareness. The design and space of this department enables quick interventions and is unique for a district general hospital
- The "iSeeU" initiative enabling women to use face-time technology to see their baby receiving care and treatment on the neonatal care unit
- Focused recruitment and career development programme for band 5 nurses
- At Hemel Hempstead and St Albans, the phlebotomy service engages with people in vulnerable circumstances, for example home visiting



Outstanding practice – many examples

- At Hemel Hempstead staff take photos of X-rays, dressings etc to help people with cognitive impairment understand their treatment
- At St Albans the enhanced recovery care pathways are effective in helping patients recover more quickly after surgery
- The diagnostic imaging service audited best practice staff embraced the importance of changing practice, especially in difficult casualty situations
- Electronic referrals for infants with prolonged neonatal jaundice resulting in quicker referrals and results





Areas for improvement

- Urgent and emergency services rated 'good' for effective and caring but 'inadequate' overall:
 - We have restructured and strengthened clinical leadership in our emergency department, and opened a new, expanded clinical decision making unit
 - We will improve reporting of incidents, identification of risk and management of risk registers to provide assurance that the service always runs safely and effectively
- Learning from incidents strengthen how we share learning across the trust
- Mental capacity where a patient lacks capacity to make an informed decision or give consent, make a formal decision-specific mental capacity assessment
- Minor Injuries Unit at St Albans ensure there are effective triage and streaming systems
- Quality our new Quality Commitment describes how the organisation can make it easier for our staff to deliver great service and care, and support collaboration between departments so they can work and learn from one another



Our strengths

- Mortality rates consistently lower (better) than expected for over two years
- Stroke service consistently achieving the highest rating AA star
- Performance on cancer waiting times remains strong
- A new MRI/CT scanner means we now offer both modalities of cardiac imaging – one of very few district general hospitals to do so
- Referral to treatment times have improved since the last inspection and are similar to the England average
- Staff engagement is good we scored highly in the 2016 annual staff survey



Our ratings

- Ratings for each site Watford General Hospital, Hemel Hempstead Hospital, St Albans City Hospital
- Ratings for the trust overall
- Comparison of ratings in 2015, 2016, 2017









Watford General Hospital Our 2015 overall rating was 'inadequate'

Overall							Inadequate
	Safe	Effective	Caring	Responsive	Well-led	Overall	Key
Urgent and emergency services							Inadequate
Medical care							Requires improvement
Surgery							Good
Critical care							Outstanding
Maternity and gynaecology							Not rated
Services for children and young people							
End of life care							
Outpatients and diagnostic imaging							









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Maternity and family planning							
Services for children and young people							
End of life care							
Outpatients and diagnostic imaging							









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Outpatients and							Outstanding
diagnostic imaging							Not rated









St Albans City Hospital Our 2015 overall rating was 'inadequate'

Overall							Inadequate
	Safe	Effective	Caring	Responsive	Well-led	Overall	Key
Minor injuries unit							Inadequate
Surgery							Requires improvement
Outpatients and							Good
diagnostic imaging							Outstanding
							Not rated









St Albans City Hospital Our 2016 overall rating was frequires improvement'











St Albans City Hospital Our 2017 overall rating is 'requires improvement'

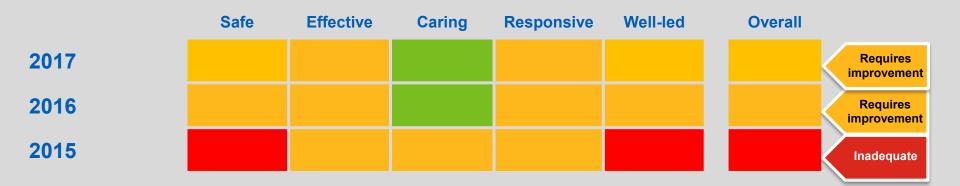
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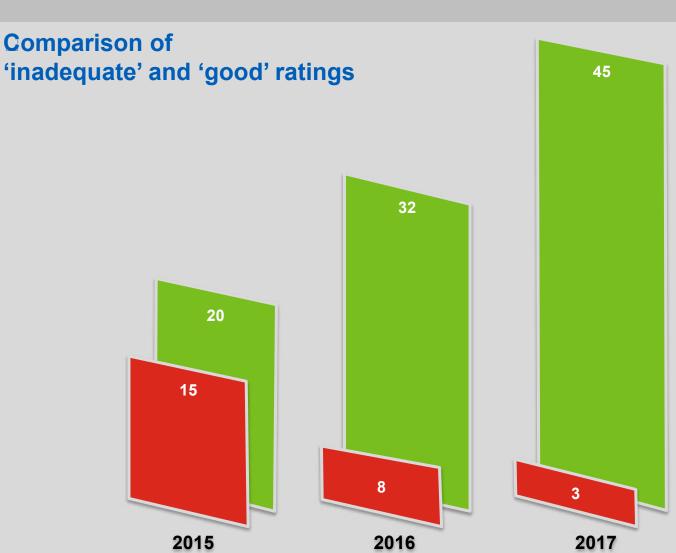
Overall trust rating











Key

Inadequate

Good



In conclusion

- We are no longer in special measures
- We are rated 'good' for caring
- We've made significant improvements across the board
- There is a positive culture
- Staff are proud to work at the trust
- We know where we need to improve
- Leadership is strong, supportive and visible
- Our Quality Commitment will help us to deliver great service and care, and support collaboration between departments
- Patient safety at the heart of everything we do

Thank you to all our staff!

















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